State Bereavement Leave Laws and Legislation in 2023
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The unexpected or untimely death of a loved one is the most common traumatic event Americans experience, with many bereaved individuals reporting it as the worst event of their life. Employees who need time off from work to grieve and cope with the death of a loved one currently have no legal right under federal law to take leave. As the Family and Medical Leave Act stands, bereavement is not an acceptable condition for taking unpaid leave from work.

This brief examines states with bereavement leave policies in place and any states that have active legislation on the topic in their 2023 session. Today, five states have bereavement leave laws, and three states have active legislative efforts (see Figure One).

Figure One. States with level bereavement leave laws and active bereavement leave legislation.
ENACTED STATE POLICIES

Five states require employers to provide bereavement leave for their employees, including California, Oregon, Illinois, Maryland, and Washington. Washington’s law is limited as it only offers bereavement leave for employees that experience the death of a child under certain circumstances. Below is a summary of each law that includes the scope of leave mandated under the policy, who is eligible, and how the law affects employers and employees.

CALIFORNIA

On September 29, 2022, California became the most recent state to enact a statewide bereavement leave policy. This new law requires employers with five or more employees to allow employees to take up to five days of bereavement leave upon the death of a family member. Unlike the laws above, the five days of bereavement leave is provided as an additional form of protected leave separate from the 12 weeks of permitted leave provided under the California Family Rights Act.

Employees are eligible if they have been employed for at least 30 days prior to the leave. Employees are not required to take the five days consecutively, but the leave must be completed within three months of the date of the death. This law also does not limit the amount of bereavement leave that can be taken in a calendar year. Instead, employees are permitted to take up to five days of bereavement leave per covered family member, including a spouse; child; parent; sibling; grandparent; grandchild; domestic partner; or parent-in-law.

The law also requires that bereavement leave is taken pursuant to an employer’s existing policies but does not require the five days of bereavement leave to be paid leave. Employees are permitted to use any accrued paid leave during the course of their bereavement leave. California’s law also does not apply to employees covered by a valid collective bargaining agreement under certain conditions.

ILLINOIS

In the summer of 2022, Illinois enacted the Family Bereavement Leave Act. This act replaced the existing Illinois Child Bereavement Act that went into effect in 2016. The new law extends the provisions of the Illinois Child Bereavement Act to permit bereavement leave for “covered family members.” FBLA defines “covered family member” to include children; stepchildren; father-in-law; mother-in-law; grandchildren; grandparents; parents; stepparents; domestic partner; spouse; or siblings.

The Illinois FBLA covers all employers who are covered by the federal law under FMLA. This means that all public and private employers with 50 or more employees are required to provide bereavement leave benefits to eligible employees. Employees are eligible if they have worked at least 1,250 hours of service with the employer during the prior 12-month period and work within 75 miles of at least 49 other employees.

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Under FBLA, employees are entitled to use a maximum of 2 weeks (10 work days) of unpaid bereavement leave to attend the funeral of a covered family member, make arrangements, or grieve the death of a covered family member. Notably, the leave also permits the absence from work due to a miscarriage; an unsuccessful round of an assisted reproductive technology procedure; a failed adoption match; a failed surrogacy agreement; a diagnosis that negatively impacts pregnancy or fertility; or a stillbirth.

MARYLAND
In the fall of 2021, Maryland amended its existing Flexible Leave Act to permit employees to use paid leave for bereavement purposes following the death of an immediate family member. The MFLA requires employers with 15 or more employees to permit employees to use accrued paid leave for bereavement purposes.

Under the law, “immediate family member” is defined to mean a child, spouse, or parent. “Parent” includes stepparents, and “child” only includes a child who is under the age of 18 or over 18 and incapable of self-care due to a mental or physical disability.

This law is different in that it simply extends the right to use existing accrued paid leave for bereavement purposes. The law does not mandate employers to provide any specific unpaid bereavement leave; it only permits eligible employees to use accrued paid leave for bereavement of an immediate family member.

OREGON
The Oregon Family Leave Act covers bereavement leave. Under OFLA, employers with 25 or more employees must provide bereavement leave to eligible employees. Employees are eligible if they have worked for the employer for 180 days or more and worked an average of 25 or more hours per week for the 180 days prior to the bereavement leave.

Under the law, bereavement leave is defined as leave taken to deal with the death of a family member by attending the funeral, making arrangements, or grieving. Bereavement leave is provided for up to two weeks per death and has to take place within 60 days from the death.

Employers are not required to pay employees for bereavement leave, but employees are permitted to use paid leave they have accrued for bereavement purposes, and in some cases, employers can require the employee to use their accrued paid leave.

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WASHINGTON

In the summer of 2022, Washington amended its Paid Family and Medical Leave Act (PFML) to make paid leave available for bereavement under certain circumstances. Under the amendments, employees are now permitted to take paid leave during the seven days after the death of the employee’s child if they would have qualified for medical leave under the existing PFML law due to their own pregnancy or to bond with the employee’s child in the first 12 months after birth or placement. These amendments are meant to give bereavement leave to employees who are new parents and suffer the loss of a stillborn baby or child under 12 months of age. For qualifying leave taken with respect to the placement of a child, it would only apply to an employee who experienced the death of a child under the age of 18 within the first 12 months after they were placed with the employee.

ACTIVE STATE LEGISLATION

In 2023, three states have active legislation related to providing bereavement leave for employees. Vermont has a comprehensive bill that creates paid family leave at the state level and includes bereavement leave within the scope of leave. Massachusetts currently has several bills filed for introduction related to providing bereavement leave. New Jersey has carryovers from 2022 that remain active and another piece of legislation introduced in January that mainly provide bereavement protections for employees that experience the loss of a child through miscarriage or stillbirth.

VERMONT

House bill 66 was introduced in the Vermont state legislature on January 18, 2023, by Democratic Representative Emilie Kornheiser. This bill is wide-ranging in its scope as it proposes to create a Family and Medical Leave Insurance Program and looks to provide paid leave for reasons related to domestic and sexual violence as well as bereavement. The bill defines “bereavement leave” to mean a leave of absence from employment or self-employment by an individual due to the death of the individual’s family member that occurs not more than one year after the death. This includes leave taken in relation to settling the family member’s estate. Employees would be permitted to use up to two out of the 12 weeks of available benefits for family and medical leave during the year for bereavement leave.

The bill proposes to cover any employee who has received payments from an employer for which the employer is required to withhold Vermont income tax. The paid leave program is financed by a proposed 0.58% payroll tax split between the employer and employee and a $20 million appropriation from the state.

Vermont has passed bills attempting to implement a universal paid family leave program twice in recent years. In 2020, House bill 107 made it to the governor’s desk before being vetoed, but this is the first time a proposed paid family leave bill has included bereavement leave. The governor has stated that he is strongly opposed to implementing a program that is funded through an additional payroll tax and has already rolled out a plan to implement a voluntary plan funded through a private insurer. House bill 66
has received a lot of democratic support in the Vermont legislature and currently sits in the House Committee on General and Housing.

**MASSACHUSETTS**
Two separate pieces of legislation related to providing bereavement leave for employees are currently filed for introduction in the Massachusetts state legislature. Senate Draft 2340, sponsored by Senator Michael Barret (D), and House Draft 2207, sponsored by Representative Sean Garballey (D), look to add bereavement leave to existing Massachusetts FMLA laws, while House Draft 274, sponsored by Christopher Worrell (D) and Senate Draft 1072 sponsored by Liz Miranda (D) would require employers who employ more than 10 employees to provide up to 10 days of unpaid bereavement leave.

**Senate Draft 2340 and House Draft 2207**
These bills propose to add bereavement leave to existing Massachusetts Family and Medical Leave laws. The bills would provide that family leave is available to any covered individual to cope with the death of a family member by attending the funeral, making arrangements necessitated by the death, or grieving the death of a family member. Employees would be entitled to a total of 8 weeks of family leave for bereavement purposes upon the death of each family member within a benefit year. Employees would be entitled to a weekly benefit during two of the 8 weeks of leave. This leave would be permitted to be taken intermittently or on a reduced leave schedule by the employee.

**House Draft 274 and Senate Draft 1072**
This bill requires employers to permit employees to take bereavement leave following the death of a family member for up to 10 business days within any 12-month period to make arrangements, attend the funeral, or grieve the death of a family member. The leave would be required to be taken within 30 days of the date of the death of a family member and would not be required to be paid leave. The bill also does not require employers who employ fewer than 10 employees to implement bereavement leave policies.

**NEW JERSEY**
There are currently a handful of bills active in the New Jersey state legislature related to providing bereavement leave for employees. Most of the bills were introduced in 2022, and they all currently remain in committee.

**Assembly Bill 5084**
Introduced on January 19, 2023, by Representative Shanique Speight (D) expands the family leave provided under the New Jersey FMLA to cover leave to grieve the loss of a child due to the death of the child, miscarriage, stillbirth, or termination of a pregnancy for medical reasons. Leave would also be covered for employees who experience an unsuccessful adoption or unsuccessful fertility treatment.
The bill also amends the Temporary Disability Benefits Law to include disability leave benefits for the purpose of bereavement for the loss of a child. Leave would be limited to not more than 21 days immediately following the loss for a circumstance for which the employee would not be otherwise eligible and no more than seven days related to a circumstance for which the employee would be otherwise eligible for disability or family leave benefits.

Assembly Bill 4695
Speight also introduced Assembly bill 4695 on October 3, 2022. This bill expands on the provisions of 5084 above to amend FMLA laws, Temporary Disability Insurance, and also earned sick leave regulations. The bill looks to provide paid leave for covered employees who experience pregnancy loss, unsuccessful assisted reproductive technology procedures, failed adoption or surrogacy arrangement, or any other event impacting pregnancy or fertility.

The bill also permits up to three working days of bereavement leave for an employee who experiences the death of a family member or for pregnancy loss. Under the bill, employees would be permitted to use earned sick leave, family leave benefits, or temporary disability benefits and be able to choose the order in which leaves are taken. The bill would also expand coverage of the state’s FMLA laws to include employees of companies employing less than 30 employees from requiring reinstatement after leave.

Assembly Bill 4985
Introduced by Representative Sadaf Jaffer (D) on December 15, 2022, this bill proposes to amend the existing Family Leave Act to permit employees to take leave following the death of a family member or the miscarriage or stillbirth of a child. Under the bill, employees would be eligible to use their 12 weeks of family leave for bereavement purposes, but employers would be permitted to require an employee to return to work by providing a notification to the employee that they must return to work within 10 working days.

Senate Bill 2298 and Assembly Bill 3373
These bills, introduced by Senator Richard Codey (D) and Assembly Member Beth Sawyer (R) in March of 2022, provide that an employee is permitted to take family leave under New Jersey FMLA to grieve the loss of a child due to miscarriage or stillbirth. Employees would also be permitted to take family temporary disability leave under the Temporary Disability Benefits Law to bereave the loss of a child due to miscarriage or stillbirth. This would be limited to individuals who are the biological parents of a child or the domestic partner or civil union partner of the individual.